

Marburg Virus Disease (MVD)

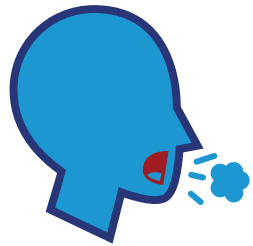
What You Need to Know



What is MVD?

Marburg virus disease is a severe and often fatal illness caused by the Marburg virus, a member of the Filoviridae family, which also includes the Ebola virus. People infected with Marburg cannot spread the disease to others **before** symptoms appear.

How is Marburg transmitted?



MVD is transmitted through direct contact with:

- The body fluids (such as urine, faeces, saliva, sweat or vomit etc.) of a person who is sick or has died from Marburg.
- Objects contaminated with body fluids of a person who is sick with or has died of Marburg.
- Infected animals (Egyptian fruit bats, monkeys).
- Marburg virus has been found in the semen of men who have recovered from Marburg virus disease.
- Marburg virus is also likely present in the breast milk and other body fluids of survivors.

The incubation period (interval from infection to onset of symptoms) varies from 2 to 21 days.



Signs and symptoms of Marburg

Most Common

- Fever
- Aches and pains, such as severe headache, muscle and joint pain, and stomach pain
- Weakness and fatigue
- Diarrhoea and vomiting

Additional Symptoms

- Unexplained haemorrhaging (bleeding or bruising)
- Red eyes
- Skin rash
- Hiccups (late stage)



If you think you have been in contact, what should you do?

- Isolate yourself: Stay away from others to prevent potential spread.
- Monitor symptoms: Keep an eye on any developing symptoms.
- Contact health authorities: Reach out to local health officials or healthcare providers for guidance and possible testing.



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